

WHAT'S INSIDE?

- Get Ready for the Seventh Annual Benefit Fair
- How to Get Reimbursed for Your Flu Shot
- Introducing the 24/7 Nurseline
- Important Financial Protection
- Plugged In: Meet Mara Blume
- Go Green with BCBSIL

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 **Published by:** EIT

Get Ready for the Seventh Annual Benefit Fair

The leaves have turned, students have headed back to school, and it's time for another important fall event — the seventh annual EIT/Local 134 Benefit Fair.

Please join us for this year's fair on **Saturday, November 7 from 9 a.m. to 3 p.m.** at the Union Hall (600 W. Washington Blvd., Chicago, IL). You'll see old friends, find benefits information, and receive important health services **at no additional cost to you.**

DON'T MISS THIS YEAR'S BENEFIT FAIR!

WHEN: Saturday, November 7 from 9 a.m. to 3 p.m.

WHERE: Union Hall

Here's what you'll find at this year's Benefit Fair:

Flu Shots

The Centers for Disease Control and Statistics estimate that between 5 and 20% of U.S. residents get the flu each year. To help keep our participants healthy, EIT will provide seasonal flu shots to covered participants and their spouses — free of charge — on a first-come, first-served basis. Please note that flu shots are available to covered participants and their spouses only. We are unable to offer flu shots to children, regardless of their ages.

To receive a flu shot, you must present your Blue Cross Blue Shield of Illinois (BCBS) ID card and a picture ID with your date of birth. Additionally, you will be required to read and sign a consent form before you get your flu shot.

Health Screenings

Take the first step toward better health by completing a Health Screening, and learn your important wellness numbers. Screenings include height and weight measurements, a body mass index measurement, blood pressure screening, and a finger stick that reveals your non-fasting cholesterol and glucose levels. And, new for 2009, if you are man age 50 or older, your finger stick results will also include a prostate screening.

Health Screenings are private and take between seven and 20 minutes to complete. After your screening is finished, you will have a brief consultation with a health care professional, where you can review your results and ask questions.

Blood drive

Have a few minutes to save a life? Local 134 and LifeSource will hold their annual blood drive on the second floor of the Union Hall during the Benefit Fair.

Learn more about your other benefits

In addition to flu shots and Health Screenings, you will have the opportunity to meet EIT and Local 134 staff, and ask any questions you have. You can also meet representatives from:

- | | |
|------------------------------|--|
| ■ BCBS | ■ Epic Hearing |
| ■ CVS/Caremark | ■ Social Security Administration |
| ■ CIGNA Behavioral Health | ■ Free & Clear |
| ■ StayWell Health Management | ■ The Chicago Electrical Industry Credit Union |
| ■ Vision Service Plan (VSP) | ■ Megent |
| ■ Global MedNet | ■ Retirement Consultants |
| ■ Mercer | |

Other services

Haven't had time to stop by the Union Hall to take care of errands? At the Benefit Fair you can:

- Get your free LMCC Certification Card and your Lockout/Tagout Card
- File a change of address with Local 134 and/or EIT
- Verify your contributed hours and Health & Welfare Plan eligibility 

WIN A GIFT CARD!

Enter your name into our drawing, and you could win one of five \$25 Jewel-Osco gift cards from EIT! It doesn't cost anything to enter, and we'll be drawing one name every hour beginning at 10 a.m. Be sure to stop by the *Take Charge* booth to enter.

How to Get Reimbursed for Your Flu Shot

If you can't make it to the Benefit Fair, you can still get a flu shot at no additional cost to you! Our Health & Wellness plans cover flu shots — even if you get the flu shot outside of a doctor's office (for example, at Jewel-Osco or Dominick's).

However, some flu shot administrators do not automatically submit your claim to your insurance provider, Blue Cross and Blue Shield of Illinois. As a result, you are responsible for submitting your claim for reimbursement.

Here's what to do:

- Clip out **this form** and fill in your personal information
- Attach your flu shot receipt
- Mail the form and receipt to:

EIT Benefit Funds
c/o Mary Vazquez
221 N. La Salle St., Suite 200
Chicago, IL 60601-1214



FLU SHOT REIMBURSEMENT FORM

Participant Name: _____

Address: _____

Phone number: _____

BCBSIL member number: **ELT**

Please attach this form to your flu shot receipt and mail to:

EIT Benefit Funds
c/o Mary Vazquez
221 N. La Salle St., Suite 200
Chicago, IL 60601-1214

CONSIDERING QUITTING TOBACCO?

The *Take Charge* program, in partnership with Free & Clear, can provide the support you need — including medication and access to a personal Quit Coach® at no cost to active, covered participants and spouses — to successfully quit tobacco for good. Don't go it alone. Call **(866) 434-9734** or visit www.fundoffice.org/takecharge.

Introducing the 24/7 Nurseline

It's 1 a.m. and your son has a fever. Do you take him to the emergency room, or wait it out until morning? These decisions are never easy, but EIT is pleased to announce a new benefit that may help.

**CALL THE 24/7
NURSELINE AT
(800) 299-0274**

As part of your Health & Welfare benefits and at no additional cost, effective November 1, 2009, you will have access to the 24/7 Nurseline, offered through Blue Cross and Blue Shield of Illinois. You can call the 24/7 Nurseline 24 hours a day, 7 days a week and speak to a registered nurse who will answer

your questions about health problems including:

- Asthma
- Back pain
- Burns
- Chronic conditions
- Cuts
- Dizziness
- High fever

In a matter of minutes, a nurse should be able to answer your questions and help you identify options for your care. Plus, you can learn about more than 1,000 health topics via an audio library system. You will receive a new ID card with the 24/7 Nurseline number via the mail in the coming weeks.

Important Financial Protection

In today's economy, layoffs are an unfortunate reality for many people. To help protect you against financial difficulties if you are laid off, the Supplemental Unemployment Benefit Plan (SUB) provides eligible participants with extra income during a layoff.

If you participate in the SUB Plan, one very important rule to remember is that you must submit a copy of your state unemployment check stub to the Fund Office so that it is received by the Fund Office within 14 days of the pay date on the check. You must submit a copy of your payment explanation document (also known as the State check stub) for each week of SUB for which you are applying. **No exceptions will be made for check stubs received by the Fund Office after the 14-day deadline.**

If you are collecting unemployment from the State of Illinois and you haven't received your payment explanation document within seven days after the pay date, you can go to your local State unemployment office and request a "Payment Detail History Report." This report can be submitted to the Fund Office to help you meet the 14-day submission deadline.

Below is a sample of a payment explanation stub.

You can submit your payment explanation in any one of these three ways:

- **Fax it**, along with your Social Security number, to the Fund Office's confidential fax: **(312) 782-7240**. Always save your fax confirmation page as proof of your submission, and call the Fund Office to confirm the fax was received.
- **Deliver it in person** to the Fund Office.
- **Mail it** to the Fund Office. Please include your Social Security number and allow enough time for the post office to deliver it to the Fund Office so that it is received by the 14th calendar day deadline.

Have questions about SUB Plan benefits?

For questions about your SUB Plan benefits, see your Summary Plan Description on the EIT website or call the Fund Office at **(312) 782-5442**.



Plugged In: Meet Mara Blume

"Plugged In" introduces you to members of Participant Services. In this issue, we feature Mara Blume.

Mara Blume, EIT's newest employee, started with our organization in February 2008. In 2009, she was promoted to a permanent, full-time member of the unemployment ASB/SUB department.

Originally from Minneapolis, MN, Mara moved to Chicago to study theater at Columbia College. After graduation, she worked in the education department at the Institute of Real Estate Management, where she assisted with the creation and printing of educational materials.

"I'm happy to be a part of the EIT team," Mara said. "This past year's experience working with EIT participants has been most enjoyable, and I look forward to serving you in the future."

WOMEN'S HEALTH BENEFIT NOTICE

Each year, we are required by federal law to notify our participants that certain mastectomy procedures are covered by the EIT Health & Welfare Plans. These procedures include:

- Reconstruction of the breast on which the mastectomy has been performed
- Surgery and reconstruction of the other breast to produce a symmetrical appearance
- Prostheses and treatment of physical complications of all stages of mastectomy, including lymphedemas

STATE OF ILLINOIS
DEPARTMENT OF EMPLOYMENT SECURITY
DIRECT DEPOSIT BENEFIT PAYMENT EXPLANATION

IDENTIFICATION NUMBER: _____ DEPOSIT ID: _____
LOCAL OFFICE NUMBER: _____

WEEK ENDING DATE	GROSS BENEFIT	DEDUCTIONS					TOTAL	SUPPLEMENT	NET BENEFIT
		INCOME	UNAVAILABL	RETIREMENT	OTHER	RECURRING			
08/08/2009	385.00							25.00	410.00
08/15/2009	385.00							25.00	410.00
		Payment Amount Reflects \$		107.00	Withheld as Tax		TOTAL AMT.	\$	713.00
		380923126997		/ 14927644					

* WEEK INCLUDES \$25 FEDERAL ADDITIONAL COMPENSATION SUPPLEMENT.

Go Green with BCBSIL!

Did you know that 687,000* tons of paper could be saved this year, if each household in the United States started downloading bills and statements instead of receiving them in the mail? Did you know that you can stop receiving paper statements from Blue Cross and Blue Shield of Illinois (BCBSIL)? By signing up for paperless statements from BCBSIL, you can do your part to help our environment. To stop receiving paper statements, all you need to do is:

- 1** Log in to Blue Access® for Members (BAM) at www.bcbsil.com. If you aren't already registered, all you need are the group and member numbers found on your BCBSIL ID card.
- 2** Click **Stop receiving paper statements** under **Quick Links**.
- 3** Check the box below Paper Statements (EOBs) that says **Stop paper statements: view and print statements/Explanation of Benefits (EOBs) online**.

All EIT participants who register for paperless statements from BCBSIL by December 1, 2009 will be entered to

win one of two \$15 iTunes gift certificates from BCBSIL. Participants who have already gone paperless will also be eligible to win. Winners will be drawn and notified in early 2010.

When you visit BAM to view and download your EOBs, you can also:

- Search and sort through an 18-month claim history
- Choose to receive e-mail alerts when your claims are finalized
- View, download and print your statements 24/7
- Use a variety of health and wellness tools

* Source: "The Four E's of Green Banking: Educate, Enable, Make it Easy — and Be Earnest" by Javelin Strategy + Research, June 2008.

TAKE CHARGE AND GET \$100!

Active, covered participants and spouses can earn a **\$100 pre-paid MasterCard®** card just by taking a Health Assessment. To get started, visit www.fundoffice.org/takecharge or call **(800) 926-5455**. Look out for more information coming soon!

This newsletter contains information on various benefits, but it does not give you all of the details. The official plan documents have all of the details. If there are any differences between this newsletter and the plan documents, the plan documents will govern. If you have any questions about your benefits, please contact the Fund Office at **(312) 782-5442**.

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